

# ACHIEVING HARMONIOUS SPACES UNVEILING THE SECRETS OF INTERIOR DESIGN BALANCE



ONLINE **INTERIOR** DESIGN  
COURSES

- Anjali Nandkumar

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**Achieving Harmonious Spaces  
Unveiling the Secrets of**

**INTERIOR DESIGN BALANCE**



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Upon entering a room, some spaces emanate warmth and harmony, while others appear cluttered and chaotic. Have you ever pondered why? The answer lies in the **delicate balance of design**. In this article, we delve into the [principles and elements of interior design](#), focusing on achieving visual balance to **restore harmony in your home or office**.

## The Importance of Balance

**Balance is a fundamental** aspect not only in work, personal life, and relationships but also in interior design. In the realm of design, we underscore visual balance, ensuring that every object contributes equally to the overall aesthetic. Failure to achieve balance may lead the viewer's attention to fixate on one element, neglecting the rest of the space.

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## Principle of Balance in Interior Design

In the vast **landscape of interior design**, balance takes shape in three distinct forms:

### **Symmetrical Balance or Formal Balance**

Symmetry, marked by an imaginary central line dividing objects, imparts a formal and predictable appeal. Ideal for modern bedrooms or living rooms, symmetrical balance offers clean and calming aesthetics. Let's explore a practical example:

In the above image, observe the chairs on either side of the table, also see the shape, size, colour, height of planters, plants & curtains behind. Note the symmetry.

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## Asymmetrical Balance or Informal Balance

Departing from predictability, asymmetrical balance introduces variety without mirroring objects on either side of the central line. This approach achieves synchronization and visual balance through differences in size, shape, and color. Observe the example:



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In the provided image, notice the asymmetry in furniture arrangement and accessories. Differing in size and shape, yet harmonized throughout the space.

## **Radial Balance**

Tailored for circular objects, radial balance radiates from a central point, resembling the spokes of a wheel or rays of the sun. This technique proves especially effective for designing spaces with circular elements:

Consider the circular table surrounded by the seating arrangement at an equal distance from the centre. The concentric circles on the ceiling exemplify radial balance.

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For deeper insights into the art of interior design, explore online courses like the [Online Interior Decoration Course' on Udemy](#). Interior design enthusiasts can benefit from the expertise of renowned architect and interior designer, [Anjali Nandkumar](#).

**Interior Design Guru: Anjali Nandkumar**

**THANK YOU**